Steroidal Glycosides from the Rhizomes of Dioscorea spongiosa

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A water extract of the rhizomes of *Dioscorea spongiosa*, which showed antiosteoporotic activity, was examined, and four new pregnane glycosides, named spongipregnolosides A-D (**1**–**4**), and two new cholestane glycosides, named spongiosides A (**5**) and B (**6**), were isolated together with 15 known glycosides. Their structures were determined on the basis of spectroscopic analysis and chemical methods. Among the isolated compounds, spongioside A (**5**), hypoglaucin G (**7**), methylprotodioscin (**8**), and (*R*)-oct-1-en-3-yl *O*- α -L-arabinopyranosyl-(1 \rightarrow 6)- α -D-glucopyranoside (**9**) showed potent inhibition against bone resorption induced by parathyroid hormone in a bone organ culture system.

Osteoporosis, which has been defined as a "state of low bone mass", is one of the major problems in our aging society.¹ In Chinese traditional medicine, many natural crude drugs have been used to treat bone diseases, but only a small amount of laboratory work on their active constituents has been reported.^{2–4}

In a search for natural crude drugs having antiosteoporotic activity, we screened 30 plants used in Chinese traditional medicine for tonifying the kidneys and strengthening the bone, both for stimulatory activity on the proliferation of osteoblasts and for inhibitory activity on the formation of osteoclasts.⁵ Among the crude drugs investigated, the water extract of rhizomes of Dioscorea spongiosa J. Q. Xi, M. Mizuno et W. L. Zhao (Dioscoreaceae) showed both activities. This plant is distributed in the southern part of People's Republic of China and is used for the treatment of rheumatism and for urethral and renal infections in Chinese traditional medicine.⁶ Earlier chemical studies on this plant have resulted in the isolation of steroidal sapogenins (tokorogenin, kogagenin, yamogenin) and steroidal saponins (dioscin, gracillin, yononin, tokoronin, furost-5-en-3,22,26-triol 3,26-di-O-glycoside).7,8 Moreover, its antiatherosclerosis activity was also reported.9 In the present work, bioactivity-guided fractionation of the water extract of D. spongiosa led to the isolation of six new steroidal glycosides, named spongipregnolosides A-D (1-4) and spongiosides A (5) and B (6), together with 15 known compounds. Herein we report the isolation and characterization of the new compounds and the inhibitory activity of all isolated compounds on bone resorption induced by parathyroid hormone (PTH) in a bone organ culture model.

Results and Discussion

The water extract of rhizomes of *D. spongiosa* showed potent stimulatory activity (67%) on the proliferation of an osteoblast-like UMR106 cell line at a concentration of 400 μ g/mL⁵ and the complete inhibition of the formation of osteoclast-like multinuclear cells at a concentration of 200 μ g/mL. Accordingly, the water extract was chromato-

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graphed over a Diaion HP-20 column, using a H₂O-EtOH solvent system, to give four (H₂O, 30%, 60%, and 90% EtOH-H₂O) fractions. They showed 11.2, 14.7, 86.7, and 89.5% stimulation of the proliferation of the osteoblast-like UMR106 cell line at a concentration of 200 μ g/mL, and all showed 100% inhibition of the formation of osteoclast-like multinuclear cells at the same concentration. On the other hand, only the 90% EtOH $-H_2O$ fraction inhibited the bone resorption induced by PTH in the bone organ culture system at a concentration of 440 µg/mL (82.8% inhibition). Thus, this fraction was further separated by a combination of normal- and reversed-phase column chromatography and preparative TLC, to afford four new pregnane glycosides, named spongipregnolosides A-D (1-4), and two cholestane glycosides, named spongiosides A (5) and B (6), together with 15 known glycosides.

Negative-ion HRFABMS of spongipregnoloside A (1) displayed a quasimolecular ion at m/z 621.3304, indicating a molecular formula of C₃₃H₅₀O₁₁. The ¹H NMR spectrum of **1** showed signals ascribable to three tertiary methyls $(\delta_{\rm H}, 0.93, 1.04, 2.22)$, two olefinic protons $(\delta_{\rm H}, 5.37, 6.59)$, a characteristic doublet of a 6-deoxyhexopyranosyl group ($\delta_{\rm H}$ 1.71, d, J = 6.4 Hz), and two anomeric protons ($\delta_{\rm H}$ 4.89, 6.31). Moreover its ¹³C NMR spectrum showed 33 carbon signals including four primary, eight secondary, 16 tertiary, and five quatenary carbons (Table 1), suggesting 1 to be a steroidal diglycoside. Analysis of the COSY and HMQC spectra, together with the molecular formula, suggested 1 to be a pregnane glycoside, whose aglycon was the same as that of pregnadienolone $3-O-\beta$ -gracillimatriose (10) and pregnadienolone 3-O- β -chacotrioside (11).¹⁰ The sugar part of 1 was determined to be a combination of D-glucose and L-rhamnose on the basis of the ¹³C NMR data and GC analysis of a chiral derivative of the sugars in an acidic hydrolysate.¹¹ The location of the D-glucose and L-rhamnose was determined to be at C-3 of the aglycon and at C-2 of the D-glucopyranosyl unit, on the basis of a glycosylation shift of C-3 ($\delta_{\rm C}$ 78.1) of the aglycon and C-2 ($\delta_{\rm C}$ 77.8) of the glucose, respectively. These were confirmed by the HMBC correlations between the anomeric proton of the glucopyranosyl unit ($\delta_{\rm H}$ 4.89) and C-3 of the aglycon, and between the anomeric proton of the rhamnopyranosyl unit ($\delta_{\rm H}$ 6.31) and C-2 of the glucopyranosyl unit. The anomeric configuration of D-glucose and L-rhamnose was determined to be β and α , respectively, on the basis of the coupling constant

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Chart 1



Table 1. ¹³C NMR Data (δ) of Spongiosides A–F (**1**–**6**) in Pyridine- d_5

				0		, ,	0							
position	1	2	3	4	5	6	position		1	2	3	4	5	6
1	37.3	37.4	37.3	37.4	39.8	38.0	glc	1′	100.3	100.4	100.3	100.3	100.3	100.2
2	30.1	30.1	30.1	30.1	29.9	30.1	-	2'	77.8	75.5	77.7	77.6	77.7	77.5
3	78.1	78.1	78.3	78.0	78.2	77.8		3′	79.5	76.7	89.5	77.7	89.5	77.9
4	38.9	39.0	39.1	39.1	39.1	38.8		4'	71.7	78.1	78.7	78.8	78.7	78.8
5	141.3	141.3	141.2	140.8	141.8	140.6		5'	78.1	77.1	76.9	76.9	76.9	76.8
6	121.4	121.5	121.5	121.6	122.6	121.8		6'	62.6	61.5	61.3	61.4	61.3	61.3
7	31.8	31.8	31.8	31.6	31.8	31.8								
8	30.3	30.4	30.3	31.5	31.2	32.1	rha	1″	101.9		102.0	102.0	102.0	101.9
9	50.7	50.8	50.7	50.1	50.1	54.7		2″	72.4		72.4	72.7	72.5	72.5
10	37.1	37.2	37.1	37.0	37.0	38.1		3″	72.7		72.8	74.1	72.8	72.7
11	20.8	20.9	20.9	20.9	21.1	37.2		4‴	74.0		74.1	74.0	74.1	74.1
12	35.0	35.1	35.1	38.7	37.1	213.9		5″	69.3		69.5	69.5	69.5	69.3
13	46.2	46.3	46.3	39.0	42.4	57.2		6″	18.5		18.6	18.6	18.6	18.6
14	56.4	56.5	56.4	44.4	55.2	57.3								
15	32.3	32.3	32.3	32.2	32.1	37.3	glc	1‴			104.5		107.0	106.9
16	144.3	144.6	144.7	81.8	82.7	82.1		2‴			75.0		75.6	71.6
17	155.2	155.2	155.2	54.6	57.6	49.3		3‴			77.8		78.7	77.9
18	15.9	15.9	15.9	14.5	13.5	13.3		4‴			69.6		71.7	75.1
19	19.2	19.3	19.2	19.4	19.4	19.0		5‴			78.0		78.1	75.3
20	196.2	196.2	196.2	207.5	35.9	35.3		6‴			62.5		62.9	64.6
21	27.0	27.1	27.1	31.6	12.6	13.3		6‴-Ac						20.9
22					73.1	72.9								172.1
23					33.9	33.9	rha	1‴‴		102.7	102.9	102.7	102.9	102.9
24					36.7	36.9		2''''		72.6	72.5	72.8	72.5	72.5
25					28.9	28.9		3''''		72.8	72.7	73.9	72.7	72.6
26					23.0	23.1		4''''		74.0	73.9	74.0	73.9	73.8
27					23.1	23.1		5''''		70.4	70.4	70.4	70.4	70.4
OMe				57.0				6''''		18.5	18.5	18.5	18.5	18.5

of the anomeric proton in glucose (7.5 Hz) and the chemical shift for the anomeric proton in rhamnose ($\delta_{\rm H}$ 6.31).¹² From these data, spongipregnoloside A was determined to be 3β -[(O- α -L-rhamnopyranosyl-(1 \rightarrow 2)- β -D-glucopyranosyl)oxy]-pregna-5,16-dien-20-one (1).

The negative-ion HRFABMS data of spongipregnoloside B (**2**) indicated the same molecular formula, $C_{33}H_{50}O_{11}$, as

that of **1**. The ¹H and ¹³C NMR spectra of **2** were very similar to those of **1**, indicating **2** also to be a pregnane diglycoside. The ¹³C NMR data and GC analysis of the acid hydrolysate of **2** showed that **2** had the same sugar composition as **1**. The α -L-rhamnose unit (anomeric proton: $\delta_{\rm H}$ 5.89) was located at C-4 of the β -D-glucose unit (anomeric proton: J = 7.5 Hz), instead of at C-2 of that in

1, which was confirmed by the HMBC spectrum. Thus, spongipregnoloside B was determined to be 3β -[(O- α -L-rhamnopyranosyl-(1-4)- β -D-glucopyranosyl)oxy]pregna-5,-16-dien-20-one (**2**).

The molecular formula of spongipregnoloside C (3) was determined by negative-ion HRFABMS to be C₄₅H₇₀O₂₀. The ¹H and ¹³C NMR spectra of **3** indicated it also to be a pregnane glycoside. The NMR data for the sugar moiety of 3 and GC analysis of chiral derivatives of the sugars in the acidic hydrolysate of 3 revealed the presence of two β -D-glucose units and two α -L-rhamnose units. The connectivity of the sugars was determined on the basis of the HMBC correlations of the anomeric proton of the inner glucose ($\delta_{\rm H}$ 4.96) with C-3 of the aglycon ($\delta_{\rm C}$ 78.3), of the anomeric proton of the outer glucose ($\delta_{\rm H}$ 5.12) with C-3 of the inner glucose ($\delta_{\rm C}$ 89.5), and of the anomeric protons of two rhamnoses with C-2 and C-4 of the inner glucose. Thus, the structure of spongipregnoloside C was concluded to be 3β -[(*O*- β -D-glucopyranosyl-(1 \rightarrow 3)-*O*-[α -L-rhamnopyranosyl-(1 \rightarrow 2)]-*O*-[α -L-rhamnopyranosyl-(1 \rightarrow 4)]- β -D-glucopyranosyl)oxy]pregna-5,16-dien-20-one (3).

The molecular formula of spongipregnoloside D (4) was determined by negative-ion HRFABMS to be $C_{40}H_{64}O_{16}$. Its ¹H and ¹³C NMR spectra were similar to those of **11**, but they showed the absence of the olefinic group at C-16 and the presence of a methine (δ_{H} 2.66, δ_{C} 54.6), an oxymethine (δ_{H} 4.53, δ_{C} 81.8), and a methoxyl group (δ_{H} 3.23, δ_{C} 57.0). These data suggested that **4** should have a methoxyl group at C-16, which was confirmed by the HMBC correlations. The α -orientation of H-16 was established by the ROESY correlations between H-16 and H-17, between the methoxyl protons and H₃-21, and between the methoxyl protons and H₃-18. Thus, the structure of spongipregnoloside D was determined to be 16β -methoxy- 3β -[(O- α -L-rhamnopyranosyl-($1\rightarrow 2$)-O-[α -L-rhamnopyranosyl-($1\rightarrow 4$)]- β -D-glucopyranosyl)(xy]pregna-5,16-dien-20-one (**4**).

Negative-ion HRFABMS of spongioside A (5) showed a quasimolecular ion at m/z 1033.5577, corresponding to the molecular formula C₅₁H₈₆O₂₁. The ¹H NMR spectrum of 5 displayed signals ascribable to two tertiary methyls ($\delta_{\rm H}$ 0.99, 1.05), three secondary methyls ($\delta_{\rm H}$ 0.94, 0.94, 1.20), an olefinic proton ($\delta_{\rm H}$ 5.22), and four anomeric protons ($\delta_{\rm H}$ 4.74, 4.93, 5.83, 6.37), while the $^{13}\mathrm{C}$ NMR spectrum of 5 showed 51 signals (Table 1). Analysis of the COSY and HMQC spectra, together with the molecular formula, suggested 5 to be a cholestane glycoside with oxygen functionalities at C-3 (δ_C 78.2), C-16 (δ_C 82.7), and C-22 ($\delta_{\rm C}$ 73.1). The sugar part of **5** was determined to be composed of two D-glucose units and two L-rhamnose units from the NMR data and GC analysis of chiral derivatives of the sugars in an acidic hydrolysate. In the HMBC spectrum, the anomeric protons of the two glucoses at $\delta_{\rm H}$ 4.93 and 4.74 showed correlations with C-3 and C-16 of the aglycon, respectively, indicating the two glucose units to be located at C-3 and C-16, respectively. The location of the two rhamnose units was indicated to be at C-2 and C-4 of the glucose unit attached at C-3 of the aglycon by the HMBC correlations of the anomeric protons of two rhamnoses at $\delta_{\rm H}$ 6.37 and 5.83 with C-2 and C-4 of the inner glucose, respectively. The α -orientation of H-16 ($\delta_{\rm H}$ 4.49) was established by the ROESY correlation with H-17 ($\delta_{\rm H}$ 1.98) and by the low-field shift of H_3-18 ($\delta_{\rm H}$ 0.99) compared to that of cholesterol ($\delta_{\rm H}$ 0.70).¹³ The S-configuration of C-20 was also determined by the ROESY correlation between H₃-18 ($\delta_{\rm H}$ 0.99) and H-20 ($\delta_{\rm H}$ 2.55), as reported for 9β , 19-cyclosterol¹⁴ and (22*S*)- 3β , 11 α , 22-trihydroxycholesta-5,24-dien-16 β -yl *O*- α -L-rhamnopyranoside,¹⁵ while

Table 2. Inhibitory Activities of the Glycosides **5** and **7**–**9**^{*a*}

	⁴⁵ Ca release		⁴⁵ Ca release (%)				
compound	(%)	$\operatorname{compound}^b$	200 µM	20 µM			
control PTH elcitonin	$\begin{array}{c} 15.4\pm1.3\\ 25.3\pm2.6^{\#}\\ 18.4\pm0.7^{**}\end{array}$	5 7 8 9	$\begin{array}{c} 17.1\pm4.5^{*}\\ 19.2\pm2.1^{*}\\ 17.4\pm1.6^{**}\\ 20.7\pm1.1^{*} \end{array}$	$\begin{array}{c} 30.9\pm4.5\\ 22.8\pm7.9\\ 24.9\pm1.2\\ 23.8\pm1.6\end{array}$			

^{*a*} Control: bones were cultured without PTH and compound. PTH: bones were cultured with PTH (2 × 10⁻⁹ M). Elcitonin: bones were cultured with PTH and elcitonin (2 U/mL). Sample: bones were cultured with PTH (2 × 10⁻⁹ M) and test compound. Each datum represents mean ± SE. [#] p < 0.01, significantly different from control. Significant decrease of ⁴⁵Ca release compared to PTH, * p < 0.05, ** p < 0.01. ^{*b*} Only active compounds are included.

the S-configuration at C-22 was inferred from an agreement of its ¹H and ¹³C NMR data with those of (22S)-16 β – [(α -L-rhamnopyranosyl(1 \rightarrow 3)- β -D-galactopyranosyl)oxy]-22-hydroxycholesta-5-en-3 β -yl O- β -D-glucopyranoside.¹³ Thus, spongioside A was concluded to be (22S)-16 β -[(β -D-glucopyranosyl)oxy]-22-hydroxycholest-5-en-3 β -yl O- α -L-rhamnopyranosyl-(1 \rightarrow 2)-O-[α -L-rhamnopyranosyl-(1 \rightarrow 4)]- β -D-glucopyranoside (5).

Negative-ion HRFABMS of spongioside B (6) showed a quasimolecular ion at m/z 1089.5433, corresponding to the molecular formula C₅₃H₈₆O₂₃. The ¹H and ¹³C NMR spectra of 6 were similar to those of 5, except for the presence of a ketone carbon ($\delta_{\rm C}$ 213.9) and an acetyl group ($\delta_{\rm H}$ 2.05; $\delta_{\rm C}$ 20.9, 172.1). The ketone carbon was assigned to C-12 by the HMBC correlation with H₃-18 ($\delta_{\rm H}$ 1.31), while the acetyl group was located at C-6 of the glucopyranosyl unit at C-16 of the aglycon, on the basis of the acylation shift of H₂-6 of the glucose (6, $\delta_{\rm H}$ 4.86, 2H; 5, $\delta_{\rm H}$ 4.38, 4.39) and the HMBC correlation with H₂-6 of the glucose. The stereochemistry of 6 was shown to be the same as that of 5 by analysis of the ROESY data. Thus, spongioside B was determined to be (22S)-16 β -[(6-O-acetyl- β -D-glucopyranosyl)oxy]-22hydroxy- 3β -[(O- α -L-rhamnopyranosyl-($1\rightarrow 2$)-O-[α -L-rhamnopyranosyl- $(1\rightarrow 4)$]- β -D-glucopyranosyl)oxy]cholest-5-en-12-one (6).

The known compounds were identified by spectroscopic analysis and comparison with published data as hypoglaucin G (7),¹⁶ methylprotodioscin (**8**),^{17,18} (*R*)-oct-1-en-3-yl *O*- α -L-arabinopyranosyl-(1 \rightarrow 6)- β -d-glucopyranoside (**9**),¹⁹ pregnadienolone-3-*O*- β -gracillimatriose (**10**),¹⁰ pregnadienolone 3-*O*- β -chacotrioside (**11**),¹⁰ daucosterol (**12**), dioscin (**13**),^{17,18} prosapogenin A (**14**),²⁰ isonarthogenin-3-*O*- α -L-rhamnopyranosyl-(1 \rightarrow 2)-*O*-[α -L-rhamnopyranosyl-(1 \rightarrow 4)]- β -D-glucopyranoside (**15**),²¹ gracillin (**16**),²² trigofoenoside D-1 (**17**),²³ glycoside D (**18**),^{17,18} protogracillin (**19**),²² dumoside (**20**),²⁴ and zizyvoside I (**21**).²⁵ Among them, compounds **9**, **15**, **18**, **20**, and **21** were isolated for the first time from the genus *Dioscorea*.

All compounds isolated were examined for their inhibitory activity on PTH-stimulated bone resorption at concentrations of 200 and 20 μ M. At a concentration of 200 μ M, compounds **5**, **7**, **8**, and **9** showed inhibitions of 63.6%, 66.7%, 89.9%, and 61.6%, respectively (Table 2).

Experimental Section

General Experimental Procedures. Optical rotations were determined on a JASCO DIP-140 digital polarimeter at 25 °C. NMR spectra were measured on a JEOL JNM-GX400 spectrometer with tetramethylsilane (TMS) as internal standard. HRFABMS were measured on a JEOL JMS-700T mass spectrometer, and glycerol was used as matrix. Diaion HP-20 was purchased from Mitsubishi Chemical Corporation (Tokyo,

Japan). Silica gel column chromatography was performed with Wakogel C-200 (Wako Pure Chemical Industries, Ltd., Osaka, Japan), and ODS column chromatography utilized Cosmosil 75C₁₈-OPN (Nakalai Tesque, Kyoto, Japan). Analytical and preparative TLC were conducted on precoated Merck Kieselgel 60 F₂₅₄ (0.25 and 0.50 mm) or RP-18 F₂₅₄ (0.25 mm) plates.

Plant Material. Rhizomes of D. spongiosa were purchased in March 2000 at a market in Shenyang, People's Republic of China, and identified by Professor Qishi Sun (Division of Pharmacognosy, Shenyang Pharmaceutical University). A voucher specimen (SPU 1129) is deposited at the herbarium of Shenyang Pharmaceutical University.

Extraction and Isolation. The rhizomes of D. spongiosa (10 kg) were extracted with refluxing water (10 L, 2 h, 3 times), and the extract was concentrated under reduced pressure to give an aqueous extract (3.6 kg). A part of the aqueous extract (3.0 kg) was subjected to chromatographic separation over Diaion HP-20 (10 kg) with H₂O and 30%, 60%, and 90% EtOH-H₂O to give four fractions. The 90% EtOH-H₂O fraction (80 g) was further subjected to column chromatography on Si gel (500 g) with a $CHCl_3$ -MeOH (99:1 \rightarrow 1:99) gradient system to give seven additional fractions. Fraction 3 (1.2 g) was then chromatographed on Si gel to give three subfractions. Subfraction 2 (426 mg) was separated by a combination of Si gel (CHCl₃-MeOH-H₂O, 65:20:1) and ODS (MeOH-H₂O, 2:1) column chromatography to give 1 (8 mg), 10 (6 mg), 11 (110 mg), and 12 (10 mg). Fraction 4 (2.7 g) was subjected to Si gel column chromatography, followed by reversed-phase preparative TLC (MeOH $-H_2O$, 5:2), to give 2 (5 mg), 3 (4 mg), 5 (4 mg), 13 (160 mg), and 14 (16 mg). Fraction 5 (1.6 g) was also chromatographed over Si gel with CHCl₃-MeOH-H₂O (35:20:1), followed by reversed-phase preparative TLC with MeOH $-H_2O$ (2:1), to give 4 (4 mg), 6 (7 mg), 7 (20 mg), 8 (13 mg), 15 (13 mg), and 16 (34 mg). Fraction 6 (17.5 g) was in turn separated by Si gel column chromatography (CHCl₃-MeOH-H₂O, 35:20:1) to give five subfractions, with subfractions 2 and 3 purified by crystallization to yield 8 (3.0 g) and 17 (1.7 g), respectively. Fraction 7 (3.5 g) was separated by a combination of Si gel (CHCl₃-MeOH-H₂O, 35: 20:1) and ODS (MeOH-H₂O, 2:1) column chromatography and then by normal- and reversed-phase preparative TLC to give 9 (143 mg), 18 (19 mg), 19 (6 mg), 20 (11 mg), and 21 (17 mg).

Spongipregnoloside A (1): colorless amorphous solid; $[\alpha]_D$ -18.2° (c 0.15, CH₃OH); ¹H NMR (C₅D₅N) δ 6.59 (1H, br s, H-16), 6.31 (1H, br s, H-1"), 5.37 (1H, d, J = 4.1 Hz, H-6), 4.89 (1H, d, J = 7.5 Hz, H-1'), 3.88 (1H, dddd, J = 11.4, 11.4, 4.3, 4.3 Hz, H-3), 2.22 (3H, s, H₃-21), 1.53 (1H, m, H-8), 1.36 (1H, m, H-14), 1.04 (3H, s, H₃-19), 0.99 (1H, m, H-9), 0.93 (3H, s, H₃-18); ¹³C NMR, see Table 1; HRFABMS *m*/*z* 621.3304 (calcd for $C_{33}H_{49}O_{11}$ 621.3275 [M – H]⁻).

Spongipregnoloside B (2): colorless amorphous solid; [α]_D -64.6° (c 0.05, CH₃OH); ¹H NMR (C₅D₅N) δ 6.58 (1H, br s, H-16), 5.89 (1H, br s, H-1"), 5.33 (1H, br s, H-6), 4.94 (1H, d, *J* = 7.5 Hz, H-1′), 3.86 (1H, dddd, *J* = 11.4, 11.4, 4.3, 4.3 Hz, H-3), 2.23 (3H, s, H₃-21), 1.57 (1H, m, H-8), 1.25 (1H, m, H-14), 0.92 (3H, s, H₃-19), 0.85 (1H, m, H-9), 0.91 (3H, s, H₃-18); ¹³C NMR, see Table 1; HRFABMS m/z 621.3304 (calcd for C₃₃H₄₉O₁₁ $[M - H]^{-}$ 621.3275).

Spongipregnoloside C (3): colorless amorphous solid; $[\alpha]_D$ -68.7° (c 0.10, CH₃OH); ¹H NMR (C₅D₅N) δ 6.62 (1H, br s, H-16), 6.40 (1H, br s, H-1"), 5.85 (1H, br s, H-1""), 5.35 (1H, d, J = 4.6 Hz, H-6), 5.12 (1H, d, J = 7.6 Hz, H-1^{'''}), 4.96 (1H, d, J = 7.6 Hz, H-1'), 3.92 (1H, m, H-3), 2.25 (3H, s, H₃-21), 1.57 (1H, m, H-8), 1.36 (1H, m, H-14), 1.08 (3H, s, H₃-19), 0.96 (1H, m, H-9), 0.94 (3H, s, H₃-18); ¹³C NMR, see Table 1; HRFABMS m/z 929.4423 (calcd for C45H69O20 [M - H]-929 4383)

Spongipregnoloside D (4): colorless amorphous solid; $[\alpha]_D$ -54.2° (c 0.20, CH₃OH); ¹H NMR (C₅D₅N) δ 6.39 (1H, br s, H-1"), 5.82 (1H, br s H-1""), 5.29 (1H, d, J = 4.0 Hz, H-6), 4.89 (1H, d, J = 7.4 Hz, H-1'), 4.53 (1H, br s, H-16), 3.86 (1H, dddd, J = 11.3, 11.3, 4.6, 4.6 Hz, H-3), 3.23 (3H, s, OCH₃), 2.66 (1H, d, J = 6.4 Hz, H-17), 2.17 (3H, s, H₃-21), 1.55 (1H, m, H-8), 1.30 (1H, m, H-14), 0.98 (1H, m, H-9), 0.94 (3H, s, H₃-19), 0.91

(3H, s, H₃-18); ¹³C NMR, see Table 1; HRFABMS *m*/*z* 799.4160 (calcd for $C_{40}H_{63}O_{16}$ [M - H]⁻ 799.4116).

Spongioside A (5): colorless amorphous solid; $[\alpha]_D - 67.8^\circ$ $(c 0.10, CH_3OH)$; ¹H NMR $(C_5D_5N) \delta 6.37$ (1H, br s, H-1"), 5.83 (1H, br s, H-1^{''''}), 5.22 (1H, br s, H-6), 4.93 (1H, d, J = 6.3 Hz, H-1'), 4.74 (1H, d, J = 6.4 Hz, H-1"'), 4.49 (1H, m, H-16), 4.15 (1H, m, H-22), 3.82 (1H, dddd, J=11.2, 11.2, 4.7, 4.7 Hz, H-3), 2.55 (1H, m, H-20), 1.98 (1H, m, H-17), 1.38 (1H, m, H-9), 1.23 (1H, m, H-14), 1.20 (3H, d, J = 7.1 Hz, H₃-21), 1.05 (3H, s, H₃-19), 1.08 (1H, m, H-8), 0.99 (3H, s, H₃-18), 0.94 (6H, d, J= 5.6 Hz, H₃-26, H₃-27); ¹³C NMR, see Table 1; HRFABMS *m*/*z* 1033.5577 (calcd for $C_{51}H_{85}O_{21}$ [M - H]⁻ 1033.5584).

Spongioside B (6): colorless amorphous solid; $[\alpha]_D - 46.3^\circ$ (c 0.25, CH₃OH); ¹H NMR (C₅D₅N) δ 6.37 (1H, br s, H-1"), 5.82 (1H, br s, H-1^{''''}), 5.23 (1H, br s, H-6), 4.88 (1H, d, *J* = 6.8 Hz, H-1'), 4.64 (1H, d, J = 6.8 Hz, H-1"'), 4.46 (1H, m, H-16), 4.25 (1H, m, H-22), 3.78 (1H, m, H-3), 3.02 (1H, dd, J = 12.0, 2.8)Hz, H-17), 2.51 (1H, m, H-20), 1.77 (1H, m, H-8), 1.46 (1H, m, H-9), 1.31 (3H, s, H₃-18), 1.22 (3H, d, J = 7.0 Hz, H₃-21), 1.23 (1H, m, H-14), 1.11 (3H, s, H₃-19), 0.93 (6H, d, J = 5.6 Hz, H₃-26, H₃-27); ¹³C NMR, see Table 1; HRFABMS *m*/*z* 1089.5433 (calcd for $C_{53}H_{85}O_{23}$ [M – H]⁻ 1089.5482).

Sugar Analysis of 1-6.11,26 Each compound (1 mg) was hydrolyzed with 1 M HCl (in H₂O dioxane, 1:1; 0.5 mL) at 80 °C for 3 h. The reaction mixture was neutralized with a small column of Amberlite IRA67 (OH⁻ form), and the filtrate was concentrated to dryness in vacuo. The residue was dissolved in 0.1 mL of pyridine, to which L-cysteine methyl ester hydrochloride in pyridine (0.1 M, 0.1 mL) was added. The mixture was heated at 60 °C for 2 h. Then, trimethylsilylimidazole (0.1 mL) was added, and the mixture was heated at 60 °C for 1.5 h. The reaction mixture was partitioned between hexane and water (0.1 mL each), and the hexane layer was analyzed with a Shimadzu GC-14AH gas chromatograph; column, DB-5MS 30 m \times 0.32 mm (J&W Scientific Inc., Kyoto, Japan); column temperature, 210 °C; detector temperature, 270 °C; injection temperature, 270 °C. Standard D- and L-glucose gave peaks at $t_{\rm R}$ 15.90 and 16.92 min, respectively, and L-rhamnose at 10.27 min.27

Bone Resorbing Activity. An assay method reported by Shigeno et al.²⁸ was used to evaluate bone resorbing activity, as presented previously.^{3,4}

Briefly, 2-day-old mice were injected subcutaneously with $^{45}\text{CaCl}_2$ (2 μ Ci). Two days later, the parietal bones were taken out and cultured in sterile plastic multiwell culture plates (well area, 2 cm²) on stainless steel grids in the top of glass rings that supported the bones near the gas-liquid interface. Ham's F-12 medium (1 mL/well), which consisted of 10.6 g/L Ham's F-12 medium, 2.2 g/L NaHCO₃, 1.0 mM CaCl₂, and 5% (v/v) heat-inactivated horse serum, was used. Bones were incubated in an incubator at 37 $^\circ C$ under 5% CO_2 in air. Bones were randomly assigned to control and treated groups, and each group consisted of four bones. After preculturing for 24 h, the medium was removed and fresh medium containing PTH (final concentration, 2×10^{-9} M) and the samples to be tested were added. Then the bones were incubated for 6 days. During the experimental period, after 3 days, the medium was changed to fresh medium. After finishing the culture, bones were removed and put in 0.01 M EDTA-acetate buffer solution (pH 5.5) to extract ⁴⁵Ca contained in bone. ⁴⁵Ca released into the culture medium from prelabeled bones at 3 days and 6 days and EDTA solution was counted separately. Bone resorption was obtained as the percentage of total ⁴⁵Ca that was released into the medium during the culture. ⁴⁵Ca was measured by liquid scintillation counting.

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